



TAREE & FORSTER SERVICES REGISTER

This register is to help services quickly find other services that might assist their clients quickly and easily. All services are in alphabetical order. There are also hyperlinks that will take you straight to the contact you looking for.



TAREE & FORSTER SERVICES REGISTER

Ability Links

Contact: Melissa, Barry or Helen

Phone Number : (02) 5594 1110

Address : 5/11 Oxley Street, Taree

Hours of operation: Flexible. Generally 9am to 5pm Monday to Friday, however we have the capacity to work between 6am to 8pm where needed.

Fees: Free

Email: For our head office contact@midcc.org.au, otherwise linkers: Melissa- melissajones@midcc.org.au, Barry- barryrogers@midcc.org.au or Helen helenroberts@midcc.org.au .

Web: www.midcoastcommunities.org.au and <http://www.abilitylinksnsw.org.au/>

Description: Mid Coast Communities' Ability Links program provides free assistance for any person, carer or community member who would like to connect with their community. Linkers work closely with people with disability, their families and carers to support them to fulfil their goals, hopes and dreams. You can contact a Linker whenever you need to, and in a way that suits you. Linkers also work with anyone in the community to help make their group, business or organisation more accessible for people with disability. There is no formal assessment process or referral that you need to meet in order to access Ability Links NSW. Give a Linker a call to see what they can do for you!

Aboriginal Legal Service

Phone Number: 02 65513928

Address: 1/80 Wynter St Taree

Email: louis.Stanton@alsnswact.org.au

Web: <http://www.alsnswact.org.au/>

Service Description: ALS is an Aboriginal community organisation giving information and referral, and legal advice and court representation to Aboriginal and Torres Strait Islander men, women and children across NSW and ACT.

ALS provide representation in [Criminal law](#), and provide a referral service for [Care and Protection law](#) [Family law](#), and Civil law. We also assist with [Work and Development Orders](#), State Debt recovery matters and [Custody Notification](#) Service.

Ability Options Transition to Work

Contact person: Ese Auelua Schools and Community Liaison

Phone: 88 111 777

Address: 7 Rowley Street, Seven Hills

Email: ese.auelua@abilityoptions.org.au

Web: www.abilityoptions.org.au

Hours Open: 8am – 4pm

Fees: Nil

Service Description: Ability Options Transition to Work is a unique program assisting school leavers with disability to successfully transition from school to work or tertiary education. This two-year school to work program is available at no cost to you and includes support in:

- developing individual skills
- improving abilities
- Setting and achieving goals
- Effective training in life/work skills
- Opportunities for work experience.

Alesco Senior College

Contact: Kate Townsend

Phone Number 02 4925 4200 **Fax:** 02 4929 6845

Address 150 King St (Cnr King and Brown St) Newcastle NSW 2300

Email alesco@weahunter.edu.au ktownsend@weacoast.edu.au

Description Alesco Senior College is a secondary school, set within an adult learning environment. It is a school which encourages young people to participate in education and training that leads to a sustainable future. It offers students the opportunity to complete their Higher School Certificate in a supportive environment which focuses on programs to meet individual students learning needs.

Better Learning Better Communities

Contact: Lee Townsend

Phone Number: 6591 7616

Address: Department of Education Office, 4 Middle Street, Forster, 2428

Hours of operation: Monday, Tuesday and Thursday

Fees: N/A

Email: lee.townsend6@det.nsw.edu.au

Description: BLBC is a community based project, aimed at helping Aboriginal students do their best at school. In 2017, the project is available to students in Years 5 and 6 at Forster and Tuncurry public schools, opening to other schools in 2018. Parents/carers and schools can refer students to the project. Children in the program will have a volunteer tutor for schoolwork and/or an Aboriginal mentor for cultural connection. The tutors and mentors will work with their students through the rest of primary school and into high school, supporting them through their educational journey. If you would like your child to be involved, or if you would like to be a tutor or mentor in the program please contact one of the following: Forster Public School 02 6555 6766 Tuncurry Public School 02 6554 6463 or Lee Townsend, Coordinator, Better Learning Better Communities 02 6591 7616

The Benevolent Society

PHaMs (Personal Helpers and Mentor service) Employment Focus

Contact person: Jaromir Sladek – Team Leader

Hours Open: Mon – Fri 8.00am – 4.30pm

Fees: NIL

Phone: 02 6539 2700

Address: Shop 7, 81-83 Victoria St Taree NSW 2430

Email: PHaMsInquiry.PSMNC@benevolent.org.au

Web: www.benevolent.org.au

Service Description:

PHaMs Employment Services provide support for people with a mental illness receiving the Disability Support Pension or other government income support payments that are engaged, or willing to engage, With employment services and who have economic participation as a primary goal in their individual Recovery Plan. This program is about specialist support for participants and is also to work closely with employment services, such as Disability Employment Services, Jobs Australia, state-funded services and Social enterprises, to assist PHaMs participants to address non-vocational issues that are barriers to finding and maintaining employment, training or education. PHaMs Employment Services also work to increase the capacity of other PHaMs providers to better assist participants who wish to achieve an employment or

Training outcome. This could include assisting other PHaMs services to navigate the employment services system or training of other PHaMs staff. They also play a role in increasing the capacity of employment services to deliver better outcomes for job-seekers with a severe mental illness.

Biripi Aboriginal Corporation Medical Centre

Contact person: Program Manager Anthony Paulson

Phone: 02 65912400

Hours Open: Mon – Thurs. 8.30am – 5pm Fri 8.30 – 3pm

Address: Edward Drive, Purfleet, Taree

Email: anthony.paulson@biripi.org.au

Service Description: Provider of comprehensive and culturally appropriate primary health care, GP, Maternal Health, Dental services, Psychological services, Drug and Alcohol, Mental Health, Family violence, Public Health services.

Brighter Futures Catholic Care

Contact: Alina Ljumanovic

Phone Number: 65395900

Address: 32-34 Pulteney Street. Taree

Hours of operation: 8.30am – 4.30 pm

Fees NIL

Email: alijumanovic@catholiccare.org.au

Web: www.catholiccare.org.au

Description: Brighter futures is an early intervention child protection program that works with families with children under 9, that may be experiencing or have experienced Family Violence, Alcohol or Other Drug misuses and Mental Health concerns. We work in a strength based capacity, providing intensive case management at the client's home for up to 12 months

Renewing Pathways, CatholicCare Social Services Hunter – Manning

Contact: Stacey Northam

Phone Number: 65395914

Address: 32 – 34 Pulteney St Taree

Hours of operation: 8.30am – 4.00pm

Fees: NIL

Email: idfvs@catholiccare.org.au

Web: www.catholiccare.org.au

Description: Renewing Pathways is an integrated Case Management and Case Coordination service for women over 18 experiencing or leaving/ left a domestic violence relationship. This service includes safety assessment, referral, client centred case management/ case coordination and brokerage

Cooperative Legal Aid Service Delivery – CLSD

(Manning Valley Neighbourhood Services)

Contact person: Jane O’Dwyer (Regional Coordinator Taree/Forster)

Phone: 02 6553 5121 or 0497 832 079

Hours Open: This is a one day a week position, the Neighbourhood Centre is open Monday – Thursday from 9am – 3pm.

Address: 4 Farquhar St Wingham 2429

Email: clsd@mvns.org.au

Web: www.mvns.org.au

Service Description: The CLSD is a NSW regional partnership which aims to improve legal outcomes for socially and economically disadvantaged people. Program partners include legal and non-legal services who assist socially and economically disadvantaged people in their area. The regional coordinator facilitates local coordination of quarterly meetings, distributes regular information via email distribution and supports program projects. The partnership holds meetings four times a year where information is shared about new services, emerging legal issues and legal need in the region. Partners collaborate to develop local projects to address issues and needs raised. Examples of previous projects includes Wills clinics for Aboriginal people and carers, joint partner information days and legal advice clinics on a range of topics including immigration law, employment law, tenancy, funeral products, sexting and cyberbullying and mental health, Legal hubs at community days including Naidoc week celebrations and Saltwater Women’s camp, Crystal Methamphetamine information sessions for workers and community and Law week birth certificate project.

Community Justice Centres

Contact: Helen Sowe, Stakeholder Engagement Coordinator

Phone Number: (02) 868 87772

Address: Mediation sessions are held at local venues such as the courthouse or neighbourhood centre.

Hours of operation: 9.00am – 5.00 pm

Fees NIL

Email: cjc_info@agd.nsw.gov.au

Web: www.cjc.justice.nsw.gov.au

Description: CJC provides mediation to help people in dispute reach an agreement. CJC can mediate about neighbourhood issue, family disputes, business issues, civil and small claim matters, workplace and community issue, and more. Aboriginal mediators are available. Mediation is confidential, timely, easy to access and voluntary.

Department of Education – Home School Liaison Officer

Contact: Lorna Cambrell

Phone Number: 65546062

Address: Cape Hawke Dr Forster (Great Lakes College Forster Campus)

Hours of operation: 9am -3pm

Fees: nil for public school students

Email: lorna.cambrell@det.nsw.edu.au

Description: Student who are disengaged from school for a variety of reasons and attendance is dropping. Support for schools and families to reengage the student back to an educational pathway or work. Supports can be within or outside the school environment.

Department of Human Services

Phone: 132 850

Address: 184-188 Victoria Street, Taree NSW 2430

Web: www.dhs.gov.au

Hours Open: Taree Office 08.30am to 04.30pm

Service Description: We deliver social and health related payments and services on behalf of the Australian Government

Department of Justice - Juvenile Justice

Contact person: Gary Dennes, Assistant Manager

Phone: 65390500

Address: Ground floor 1a, Macquarie Street, Taree NSW 2430

Web: www.juvenilejustice.nsw.gov.au

Hours Open: 9:00am to 5:00pm

Fees: Nil

Service Description: Provide supervision of Court ordered mandates to y/p from 10 to 17 years of age. Prepare background reports when requested by the Children's Court in respect to criminal proceedings against young people.

Disability Advocacy NSW

Contact person: Dominique Brown

Phone: 1300 365 085 (clients) 0466 169 614 (services)

Address: 146 Victoria St, Taree NSW 2430

Email: Dominique.brown@da.org.au

Web: www.da.org.au

Hours: Tuesday, Thursday and Friday

Fees: Nil

Service Description: We are a free advocacy service providing assistance to people with a disability and their families or carers. DA advocates where a person has been unfairly treated, discriminated against or is unable to access or act upon their rights. We also provide assistance in conducting Internal Reviews of NDIA decisions especially regarding decisions around eligibility and funding of participant's supports.

Family Mental Health Support Services –BreakThru people solutions

Contact: Jason Murphy

Phone Number: (02)6550 1896

Address: 86-88 Albert St, Taree

Email: jason.murphy@breakthru.org.au

Web: <http://www.breakthr.org.au>

Service description: Family Mental Health Support Services (FMHSS) provides free, flexible support that is responsive to children, young people and families affected by, or at risk of, mental health issues, through access to a range of early intervention and education services.

Hours open: 8.30am-4.30pm (individual appointments can be arranged between 8.00am to 8.00pm)

Fees: Free service

Flourish Australia

Contact: Chris Cassar

Phone: 1300 779 270

Email: Chris.Cassar@flourishaustralia.org.au

Hours: 8.30am - 4.30pm

Web: <http://www.flourishaustralia.org.au>

Description: Flourish Australia and Partners In Recovery is a Mental Health support service working in local communities to help people on their mental health recovery journey. NDIS registered, Flourish Australia can provide short or long term support to people with ongoing mental health issues by assisting in finding a home or job, make new friends, develop new skills to enable people to live as independently as possible. Flourish Australia can also provide referrals to relevant services including; housing support, employment and education, drug and alcohol rehabilitation, independent living skills programs, clinical services, allied and other mental health services as required.

Gambling Help Mid North Coast

Contact: Stephen Edman

Phone Number: 0456 816 829

Address: 103 Victoria St Taree

Hours of operation: 8.30am – 4.30 pm

Fees: NIL

Email: Stephen.edman@samartians.org.au

Web: www.gamblinghelp.nsw.gov.au

Description: Providing face to face counselling to anyone experiencing some difficulty due to gambling. That maybe due to their own gambling behaviour, or that of a significant other in their life such as a partner or other family member or friend. Servicing that areas of Taree, Port Macquarie and Kempsey, and outreaching to Tuncurry and Gloucester. The service is completely free and people can self-refer by phoning and there is no limit on the number of sessions as people contemplate the possibilities for change as they feel empowered to do so.

GLOUCESTER HEALTH SERVICES SOCIAL WORK

Contact: Libby Ryan

Phone Number 02 65385058

Address Gloucester Community Health Centre, Church St, Gloucester. NSW. 2422.

Hours of operation: Mon & Tues 8.30-4; Wed 8.30-3

Fees: NIL

Email: Elizabeth.ryan4@hnehealth.nsw.gov.au

Web:

Description: Social Work services offered to Gloucester Community. This includes practical and emotional support for people when facing significant life issues such as: living with a chronic illness, living with a terminal illness, stress in relationships, financial stress, domestic and family violence, housing issues, ageing, carer fatigue, bereavement.

Referrals can be made via Taree community Health – Intake: PH – 02 65929536 Fax - 0265929776

Great Lakes Community Resources;

Great Lakes and Manning Youth Homelessness Service

Phone Number : 65516996

Hours of operation: The Garage Youth Refuge 24/7. Outreach Monday to Friday 9am-5pm

Fees: Refuge, 25% of income.

Email: shs@glcr.org.au

Web: www.thegarage.org.au

Description: Youth Crisis Accommodation, short term supported crisis accommodation for young people 16-17 years, (under 16 years can be accommodated through negotiation). Outreach support for young people 16-24 years who are experiencing homelessness or at risk of homelessness.

Great Lakes Neighbourhood Service

Contact: Reception

Phone Number : 02 65 55 43 51

Address : 1 Coral Ave Tuncurry NSW 2428

Hours of operation: Monday to Thursday 9.30am – 4.00pm - closed for lunch 12.30pm to 1pm

Fees: Free

Email: volunteer@fnc.org.au

Web: www.fnc.org.au

Description:

Tuncurry Premises: 1 Coral Avenue **The current services delivered from Tuncurry include:** Financial Counselling; Child and Family Support, NILS and Community Capacity Building (including EAPA, WDO, Community Events and co-ordination of the Better Learning Better Communities (BLBC) Cultural Awareness component.

Forster premises: Little Street (next to the Tourist Information Centre) **The current programs and activities delivered from Little Street include:** **Forster Community Garden** – learn to grow your own organic food (Tuesdays 9am – 12noon) & Young Parents Garden Club (commencing Wed 15th March) All enquires to Lena: 0481 299 675; **Community Food Store** – Wednesdays from 2pm (fruit, vegetables, bread, pantry items & soup); **Exercise in the Garden** – Stretching and Strength-building with Faye Shacklock (Tuesdays and Thursdays 9am – 10am \$5 donation)

Child and Family Support Workers are available for families with dependent children 0-12 years, (moving towards a focus on 0-3 year olds, young parents and aboriginal families).

The service offers:

- Information and referral
- Case management/client-focused case work
- Parenting support – to assist with early intervention issues
- Accredited Parenting programs
- Skill development- basic money management, nutrition, cooking, home organisation
- Counselling
- Men's Support Group

Guide Dogs NSW/ACT

Hours Open: 9am-5pm

Fees NIL

Contact person: Janet Pope or Lyndel Bosman

Phone: 02 6652 7424 or 02 6691 8500

Address: 3/62 Moonee Street, Coffs Harbour NSW 2450

Email: jpope@guidedogs.com.au

Web: <http://guidedogs.com.au/what-we-do/make-a-referral>

Service Description: We provide assistance to people with different levels of vision impairment from all walks of life and age groups. Our specialised Orientation and Mobility training teaches skills such as safe road-crossing techniques and use of public transport. Training may include canes, electronic aids and GPS systems. Orientation and Mobility these specialised programs teach people how to move around safely and confidently, be it across the street or across town. Low Vision Training. This training is tailored for people with low vision and teaches them how to use their residual vision effectively in everyday situations. Training may include using a low-vision aid, such as a monocular.

Children's Services No one is too young to receive assistance from Guide Dogs. Children's programs are tailored to each child's age and skill level. We encourage children to move around with confidence and explore their surroundings independently.

Neurological Vision Impairment Programs These customised programs address the specific needs of people whose vision has been impaired by stroke, tumour or brain injury, with a focus on compensating for their vision loss and restoring confidence.

Educational Workshops We conduct free workshops about our services and vision impairment.

Access Advocacy We work with local councils, transport authorities and businesses to promote equal access for people with impaired vision.

Helping Hands

Contact: Kristie Smith

Phone Number: 0265558977

Address: 12 Dee Crescent Tuncurry

Hours of operation: 8:30am – 4:30pm Mon – Fri

Fees: Varied

Email: hadmin@glcr.org.au

Web: <http://www.glhelpinghands.org.au/>

Description: Cleaning, Personal Care, Respite Care, Shopping Services, Meal Prep Services, Social Support, Building Services, Yard Maintenance, Home & Garden Maintenance

HELPING HANDS is a 24-hour, one-stop service for all your home and personal care needs. We currently service the Great Lakes, Manning and Gloucester areas and operate from offices in Tuncurry and Taree. Our service is very flexible and our team will work around your schedule.

At Helping Hands we pride ourselves on assisting the aged and people with disability to remain at home. We do this by providing easy and affordable solutions tailored to the individual's needs. Our staff work with occupational therapists, tradespeople, and our clients to build safer environments. This enables the individual to carry out their daily activities whilst living independently within the community. We provide value for money, quality modifications to assist those at home, giving opportunities to live independently.

Our cleaning expertise includes Domestic cleaning, Detox cleans, Commercial cleaning, End of lease cleans and Builder's cleans. We provide home-based services including Personal Care, Respite, Meal Preparation and a wide range of other services.

HOMEBASE

Contact: Tanya Simon

Phone Number : (m) 0419-840-643 (w) 6555-5622

Address : 11 Rodmay Street, Tuncurry

Hours of operation: Mon to Thursday

Fees: Free

Email: tsimon@glcr.org.au

Web: www.homebaseyouthservice.org.au

Description: [Youth Accommodation](#)

- [High School Support](#)
- [Families NSW - Supported Playgroup](#)
- [Families NSW - Aboriginal Family Support](#)
- [Aboriginal Youth Programs](#)
- [Juvenile Justice](#)
- [Needle Exchange](#)

House with No Steps

Contact: Heidi Fede

Phone Number: 5593 1860

Address: 1/20 Albert St Taree

Hours of operation: 9.00am – 4.00 pm

Fees in accordance with HWNS schedule of fees

Email: hfede@hwns.com.au

Web: www.hwns.com

Description: HWNS is a disability service provider offering support to people who live independently in their own homes, supported accommodation, respite services and Community support services.

Hunter New England Local Health District

Contact: Elliott (Ness) Stewart

Phone Number 65 396335

Address Breese Parade Forster

Hours of operation: Mon 9.30am > 3.30pm 8.00am > 4.30pm Tuesday > Friday

Fees:

Email: elliott.stewart@hnehealth.nsw.gov.au

Web:

Description: Senior Aboriginal Health Worker

Interrelate Family Relationship Centre

Contact: Jody Webster

Phone Number: (02) 6551 1200

Address: 146 Victoria St Taree

Fees: are in accordance to The Family Relationship Centre Fee Schedule

Hours of operation: Mon- Fri 9 – pm

Email: tareefrc@interrealte.org.au

Web: www.interrelate.org.au

Description: The Taree Family Relationship Centre provides: Counselling, Parenting Support, Family Dispute Resolution, Children’s Contact Centre, Aboriginal community worker, Royal Commission counselling, Post Separation courses

Justice Health & Forensic Mental Health Network.

Contact: Brenda Gillingham

Phone Number: 65626066 **Fax** 65628116

Address: Kempsey Community Health Centre, Polwood Street, Kempsey

Hours of operation Mon – Fri 8 – 4pm

Fees: Nil

Email: brenda.gillingham@justicehealth.nsw.gov.au

Web: www.justicehealth.nsw.gov.au

Service Description Patients are in custody and are either on Opioid Substitution Treatment (Methadone) or who have a history of problematic drug use. All patients are close to being released from custody and pre-released a holistic assessment is completed to identify areas of assistance post release. Once released patients are offered 4 weeks support in the community to assist them in connecting with services.

Legal Aid - Work and Development Order Service

(Central Coast, Hunter, New England and part Mid-North Coast)

Contact person: Elise Collie (Solicitor) or Dani Pontes (Paralegal)

Phone: 02 4337 6655 (Elise) 02 4337 6651 (Dani)

Address: 92-100 Donnison St, Gosford 2250

Hours Open: Mon-Fri 9-5pm

Fees: Our service is free for both eligible clients and sponsors

Email: elise.collie@legalaid.nsw.gov.au

Web: <http://www.legalaid.nsw.gov.au/what-we-do/civil-law/work-and-development-order-service>

Service Description: Work and Development Orders (WDOs) are a means by which eligible clients can pay off their fines debt by engaging in activities such as counselling, health treatment plans, courses and volunteer work. The WDO teams within Legal Aid have two main functions - to support clients to get on WDOs and to support health practitioners and service providers to facilitate or 'sponsor' those WDOs. As a new team in this region, our focus will be on generating a strong, active sponsor base. There is no cost to become a sponsor and the benefits for community organisations and health practitioners sponsoring WDOs can be significant. We can support organisations to register as sponsors and to get and remain active in a way that is beneficial both for clients and the organisation.

MIDCOAST COUNCIL - AGEING AND DISABILITY SERVICES

Contact: Karen Burton

Phone: 1300 65 88 30

Address: Forster Community Centre, Breese Parade, Forster. (PO Box 450)

Hours of operation: 8.30 am to 4.30 pm Monday to Friday

Fees: varies

Email: karen.burton@midcoast.nsw.gov.au

Web: www.midcoast.gov.au

Description: Ageing and Disability Services, registered NDIS provider, registered Aged Care Home Care Package Provider, Commonwealth Home Support Program funded for Centre-based day care, Social Support (shopping, shop by list, assisted transport, Social outings, Carer Support Groups)

MidCoast Council -Libraries

Contact: Debbie Horgan

Phone Number 6592 5298

Address Taree Library 242 Victoria Street Taree

Hours of operation: 10am-5:00pm

Fees: none

Email: debbie.horgan@midcoast.nsw.gov.au

Description: Public library service across MidCoast Council region with 11 library branches/ service points, offering wide range of programs and services including early literacy programs for parents and children, school holiday programs, home library service for frail and aged members of community, youth programs, Better Reading Better Communities program providing reading support and literacy tutors, e-services and e-resources, books for book clubs, and much more!

Mid Coast Women's Domestic Violence Court Advocacy Service.

Contact Lou Webber

Phone Number 0419 938 214

Address P.O Box 1813 Port Macquarie 2444 or C/-Court House

Hours of operation: 8.30am – 4.00 pm

Email: taree@midcoast.org.au

Web: www.wdvcasnw.org.au

Description: Assistance for women and children at court in ADVO matters and other domestic violence related information and referral.

Mid North Coast Family Referral Service

Contact: Susan and Vanessa

Phone Number 65523072

Address 109 Victoria St Taree

Hours of operation: 8.00am – 6.00 pm FRS (staff can sometimes spend time out of office. Please leave a message on the phone and a worker will get back to you promptly.)

Email: mncfrs@pathfinders.ngo Susan – susanl@pathfinders.ngo Vanessa – vanessaj@pathfinders.ngo

Web: www.patherfinders.ngo/

Description: The Family Referral Service (FRS) provides a voluntary and coordinated referral service for families, particularly Aboriginal families on the Mid North Coast, who are in need of assistance and who do not require child protection statutory intervention.

The FRS is a free service that helps Children, Young People and families to cope in difficult times, by linking families into local services to provide support and assistance.

MNC has two core functions:

1. Client intake and referral - that is our client work. We work with families in a variety of ways to get them linked with the support they need. We do this by providing Information and referral support, and case coordination. We offer supports via telephone and face to face, via home visits and outreach programs. The FRS can link you to services such as family support, quality child care, housing, parenting education, drug, and alcohol and gambling services, mental health services, youth services, respite care, financial counselling and material aid services.
2. Service system support and systemic advocacy - this is where the FRS works at enhancing local service provision collaboration, including collaboration amongst service providers to promote Child safety, welfare and wellbeing. Including providing support to services to do their work in supporting clients by helping them find the right services, or access to services, or calling case Coordination meetings to bring together services to plan how to work best with families and their issues.

Criteria for service:

- Families with children up to age of an 18
- Young people up to the age of 25
- Women and couples expecting the birth of a child
- An Open Case Plan with FACS will make an individual/family ineligible

How to make a referral or inquiry?

Referrals can be made by calling 1800 758 589 or emailing mncfrs@pathfinders.ngo or give your local office a call.



Mid North Coast Community Legal Centre

Contact: Melanie Kallmier, Admin and Projects officer

Phone Number: 6580 2111

Address: 30 Murray St Port Macquarie

Hours of operation: 9.00am – 5.00 pm

Fees NIL

Email: info@mncclc.org.au

Web: www.mncclc.org.au

Description: Free civil law legal advice to people living in Taree, Port Macquarie, Kempsey. People living with disadvantage (including disability, reliance on Centrelink, Aboriginality, homeless) may be eligible for more intensive legal help.

Mission Australia Communities for Children

Contact: Bree Katsamangos, Program Manager

Phone Number: 6539 2002

Address: Ground Suite 2, 1 Pulteney Street Taree

Hours of operation: 8.30am – 4.30 pm

Fees NIL

Email: katsamangosB@missionaustralia.com.au

Web: <http://my.missionaustralia.com.au/>

Description: Mission Australia works with four Community Partner organisations including Uniting, Child Care Services Taree & Districts, Biripi and MSS to deliver a suite of services to improve outcomes in life for families with children aged 0-12 years. Communities for Children aims to provide opportunities for the best emotional, social and physical development in the early years to assist in the health and wellbeing of children in later life.

Migrant Settlement Project (Manning Valley Neighbourhood Services)

Contact: Jane O’Dwyer

Phone Number: 65535121 or 0497 832 076

Address: 4 Farquhar St Wingham

Hours of operation: Monday 10am – 3pm Tuesday - Thursday 9.00am – 3.00 pm, contact via mobile on Fridays

Email: rmw@mvns.org.au

Web: www.mvns.org.au

Description: The Migrant Settlement Service is a free settlement advice and assistance service for migrants and refugees who have arrived in Australia in the last five years. Our Migrant Settlement Worker Jane O’Dwyer is able to provide information, face to face support and link clients to other services. Jane can answer your questions about living in your community and any services you might need or information about lots of different things, such as child care, Legal services, visa information, English classes, driving in Australia and the list goes on. Jane can organise a telephone interpreter in your language if needed.

Manning Support Services

Phone: 65511800

Address: 78 Wynter St Taree

Email: reception@mssinc.org.au

Web: www.mssinc.org.au

Hours Open: Mon-Thurs. 8.30-4.30 Friday 8.30-12pm

Service Description: Providing services for Families, Elderly, Volunteers, Disabled, Carers

NC TAFE Taree Campus. Community Service / Welfare Section

Phone Number: 65913734

Address: Montgomery St Taree

Hours of operation: 9.00am – 4.00 pm

Web: NCTafe Website

Description: Courses include:

Diploma of Counselling (course No9 enrolling, commencing March 2016)

Diploma of Community Services Work

Certificate IV Community Services work

Certificate IV Mental Health (second intake July 2016)

Certificate IV Mental Health Peer Work (intake next April 2016)

Certificate III Individual Support (disabilities)

Certificate IV Disabilities

Certificate III Community Services Work (intake July 2016)

Outreach program including trauma informed care two day workshops

Other programs by discussion with head Teacher: Lynne Jaraczewski

NSW Fair Trading

Phone: 02 5525 3400

Hours Open: Mon – Fri 8.30 to 5pm

Fees: NIL

Address: Cnr Lord & Lachlan Streets Port Macquarie

Email: portmacquarieftc@finance.nsw.gov.au

Web: www.fairtrading.com.au

Service Description: NSW Fair Trading is able to provide a range of free information seminars for staff and/or clients of your service or your interagency group.

The seminars could be one of our set programs or one tailor made for your organisation, for e.g. we have programs such as: Fair Trading - What we can do for you

- An overview of what Fair Trading does i.e. protection of consumer rights, licencing trades people including home building, motor dealers & repairers, real estate agents etc. Australian Consumer Law - Consumer rights when purchasing goods and services, guarantees/warranties, refunds, lay-bys, unsolicited consumer agreements, refunds, repairs, interest free deals, mobile phone plans, buying a car, obtaining finance, mechanical inspections, cooling off periods, consumer protection etc. Scams - Information on recent scams in your area, for e.g. Government refunds, rogue traders, lottery sweepstakes and competition scams, dating and romance scams, banking, charity and medical scams, online shopping and computer scams.

Octec Disability Employment and Training Service

Contact person: Robyn Ballard

Phone: 65513207

Address: 65 Pulteney Street Taree

Email: r.ballard@octec.org.au

Hours Open: 9 – 5 Mon - Fri

Fees: NIL

Service Description: OCTEC is a specialist Disability Employment Service provider operating in regional NSW and western and south west Sydney. Our Career Consultants support people with disabilities to identify and overcome barriers to employment, find suitable vacancies, undertake cold canvassing for positions, negotiate workplace modifications where needed, and maintain their employment when workplace or personal difficulties arise. Consultants also work closely with OCTEC Training Services and OCTEC Q. temp to identify traineeship and short course training opportunities, as well as opportunities to gain work experience through temporary labour hire positions.

Another key part of our role is to work with local employers to identify suitable positions for our job seekers and to promote the benefits of employing someone with a disability. Research shows that people with disability have lower absenteeism, higher retention rates and fewer WHS incidents than other members of the workforce, which makes the employment of people with disability just good business.

Office of State Revenue

Name: Terry Cook Position: Aboriginal Client Advisory Officer

Dept.: Office of State Revenue (OSR) – Fines Management

Mobile: 0402 894 327

Email: terence.cook@osr.nsw.gov.au

Website www.osr.nsw.gov.au

Service Description : The Office of State Revenue (OSR) is a division within the Department of Finance, Services and Innovation which is part of the Treasury and Finance Cluster. As NSW's principal revenue agency, OSR fairly administers State taxation and revenue for, and on behalf of, the people of NSW. OSR manages fines and administers grants and subsidies to provide valuable assistance to families and enterprises across NSW. The Office also recovers debt to provide an equitable outcome for the community.

Rural Adversity Mental Health Program (RAMHP)

Contact: Kylie Atkinson

Phone Number 0437 268 325

Address Forster-Tuncurry Community Health Centre, 14 Breese Pde, Forster. 2428

Hours of operation: Mon, Wed & Thurs

Fees: N/A

Email: kylie.atkinson@hnehealth.nsw.gov.au

Web: www.ramhp.org.au

Description:

- Mental health training (MHFA, Youth MHFA, teenMHFA, Workplace Support Skills, Community Support Skills and tailored training)
- MH service information: options, advice and links
- Community events: mental health promotion

Salvation Army

Contact: Naomi Schuelein

Phone Number: 0437 766 150

Address: 7 South Street, Tuncurry 2428

Hours of operation: Tue, Wed & Fri - 8.15am-4.15pm

Fees: Free

Email: naomi.schuelein@aue.salvationarmy.org

Description: Doorways Case Worker - working with clients long term with their identified needs to obtain clear short and long term goals.

Samaritans Taree Women and Children's Refuge

Phone: 65510011

Address: PO BOX 1049 Taree

Email: twcr@samaritans.org.au

Web: www.samaritans.org.au

Service Description: The Taree Women's Refuge provides short term crisis accommodation and outreach to women and their children. The refuge is staffed only by women to provide support for women and their children experiencing domestic violence.

Great Lakes Manning Homeless Support

Phone: 65393400

Address: PO BOX 1049 Taree

Email: glmhss@samaritans.org.au

Web: www.samaritans.org.au

Samaritans Early Childhood Early Intervention (MNC)

Contact Person: Dianne Mead

Phone: 65393444

Address: 103 Victoria Street Taree 2430

P.O. Box 1049 Taree 2430

Fee: NIL

Hours of Operation: 8:30 – 4:30 Monday to Thursday

Email: ectmnc@samaritans.org.au

Web: www.samaritans.org.au

Service Description: Samaritans Early Childhood Early Intervention:

This program offers support to children aged 0-8 with autism, developmental delay and disability (diagnosed or undiagnosed). Specialist educators as key workers will work in partnership with families to coordinate services so there is one functional plan for allied health professionals, educational settings and community agencies. Samaritans Early Childhood Early Intervention provides support for families who are concerned about their child's development through information, linking families to local community resources and supporting inclusion. Specialist Early Childhood Educators provide support to individuals and

their families in a holistic and sensitive way through home visiting, advocacy, accessing community services, school visits, breaking down inclusion barriers, and day to day management. Our focus is to support families with their identified daily challenges. Participation in the program can be either self-referral by the family, or on behalf of the family by an early childhood service, early intervention service, and school or community organisation Samaritans Early Childhood Early Intervention engages with families, educational providers and community support services in the Gloucester, Forster and Taree areas.

Tursa Employment and Training

Contact: Jodie Outtrim – Site Manager

Phone: 1800 670 914

Address: Suite 8/24-30 Wharf Street, Forster NSW 2428

Hours of operation: 8.30am to 5pm Monday to Friday

Fees: None

Email: forster@tursa.com.au

Web: www.tursa.com.au

Description:

Tursa Employment & Training is a not-for-profit organisation contracted by the Australian Government to deliver jobactive services.

Our core business is all about work: finding work for people who need work and finding workers for businesses that need workers.

Dependant on eligibility we may be able to negotiate wage subsidies of up to \$10,000 which provides financial assistance to employers to help cover the cost of hiring and training staff.

We also facilitate internships through the “Youth Jobs PATH” which is an internship program designed to prepare young people between the ages of 17 to 24 years of age to prepare for work.

An internship can be 30 to 50 hours per fortnight over 4 to 12 weeks in duration with employers and job seekers receiving a financial incentive for their participation. *TURSA* is also a nationally accredited Registered Training Organisation.

Uniting

Contact person: Marie Atkinson

Phone: 02 65533992

Hours Open: 9-4:30

Fees: N/A

Address: 2/49 Hall Street Old Bar PO Box 141

Email: matkinson@uniting.org

Service Description: Resilient Families

Uniting facilitate parenting, DV and Post Natal depression groups, as well as supported playgroups and Dads events. We also run the Home Interactive Parenting Program for Youngsters(HIPPY) program

WEA Coast Quality Learning – Community College

Contact person: Myola Woods

Phone: 02 6554 9215

Hours Open: 9.00am - 4.00pm

Fees: Funding may be available for some courses and all courses are available fee for service.

Address: 31 Manning St, Tuncurry 2430

Email: enquiries@weacoast.edu.au

Web: www.weacoast.edu.au

Service Description: Registered Training Organisation, delivering Quality Training on the Mid North Coast. Qualifications range from Certificate I to Advanced Diploma. Community and Corporate Training tailored for individual requirements. Students are supported to encourage growth, development and inspiration. RTO Code 90020

YMCA TAREE – Manning Aquatic Leisure Centre

Phone: 6550 0500

Address: 51 Manning River Drive Taree

Fees Entry into the centre and there is a variety of fees charged for the different activities

Email: manning@ymcansw.org.au

Web: www.ymcansw.org.au

Service Description: Not for profit, community organisation that is all about healthy living and wellbeing, children and young people, access and participation for those with disabilities.